

A Literary Magazine for the Maternally Inclined
<http://www.literarymama.com>

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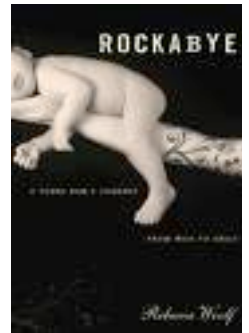
Essential Reading: Desiring Motherhood

Daydreaming of motherhood? The site theme for October is *Desiring Motherhood*. Three mamas share books sure to satisfy. Enjoy!

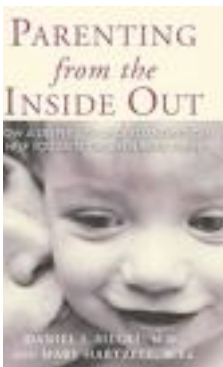


Caroline Grant, Editor-in-Chief and [Columnist](#) writes, "I recommend Literary Mama columnist Jessica Berger Gross' beautiful anthology, [About What Was Lost: Twenty Writers on Miscarriage, Healing, and Hope](#), to anyone who has suffered a pregnancy loss. By sharing their stories, these writers offer understanding sympathy and create a community for people grieving miscarriage. They map out a sad terrain, but suggest, too, some routes toward hope."

Ezine Co-Editor [Jessica DeVoe Riley](#), shares, "I read the blog-turned-memoir, [Rockabye: From Wild to Child](#), by Rebecca Woolf, blogess behind [Girl's Gone Child](#). It's about a young woman living it up in LA who finds herself unexpectedly pregnant. Her reflections on her youth, her pregnancy, and her first year as a parent are poignant and humorous. The book offers a great example of how much motherhood can change one's life."



Literary Reflections Assistant Editor, [Christina Marie Speed](#) recommends Dr. Daniel Siegel's [Parenting from the Inside Out](#). "While the book assumes you currently have children, it can still be enjoyed by an expecting or future parent. The text takes the reader through scientific explanations of self and into the psychological ones, with practical ways to integrate a new, more informed parenting style. From communicating with your child to developing a deeper relationship, this book has sections to help anyone connect with their inner parent. By understanding and processing who we are as adults, and how we got there, we can be better parents for our children today."



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